



Covid Safe standards

Before class	Wait outside the building (an appropriate distance apart) until your child's class is asked to enter the building. You may choose to wait in car in inclement weather. EKGA's door marshal will invite participants into the building at the appropriate time. This may be one class / group / gymnast at a time.
Temperature monitoring	EKGA staff will be administering temperature monitoring for anyone entering the building. Anyone with a temperature of 37.5 or above will not be allowed to enter EKGA.
Mandatory hand sanitising	Each student will be prompted to use hand sanitiser upon entering, as well as throughout the class. Hand sanitiser will be provided near the front door to both buildings, as well as throughout the gym. Gymnasts will be instructed to sanitise their hands before and after bars, rings and pommels, as well as upon departure.
Spectators	No spectators are permitted to remain onsite. Families should drop off / pick up from the door. This does not apply to classes where parental assistance is required (Tiny Tots, Squirts, Special needs).
Staff work habits	Staff will stay at home if they are sick or share a household with anyone displaying cold or flu-like symptoms. Staff will be required to wash hands before and after every class and sanitise regularly during classes. Staff will wear face masks at all times whilst on the premises. Minimal spotting (physical assistance) will be administered during lessons.
Wellness checks	If a gymnast (or ANYONE FROM THEIR HOUSEHOLD) has cold or flu-like symptoms, a cough, sore throat or other signs of illness the gymnast will not be permitted to attend classes / training at EKGA. Screening questions will be asked at the entry points to each venue.
Access to drinking water	The drinking fountain will be out of bounds. Gymnasts are required to bring a full bottle of water from home for each class. The bottle must be clearly labelled with the gymnast's name. Bottled water will be sold from the vending machine / reception.
Equipment Hygiene	Classes will conclude 5-minutes earlier than they previously did to allow additional cleaning. Equipment and mats will be sanitized between each class. There will be no use of foam pits / foam cubes at this time. Hand-held objects or any equipment that cannot be sanitized easily between classes will not be used. Gymnasts that use chalk will be required to provide their own chalk and chalk container. Competitive Gymnasts will be required to bring along their "portable locker" with their own therabands, ankle weights, skipping ropes, ice pack wrap etc.
Scheduling	All classes will conclude 5 minute shorter than they were in Term one 2020. The time gap between classes is now slightly longer, which will assist with ensuring families can enter and exit the facility in a Covid safe manner.
Mask wearing	EKGA requires anyone aged 12 years or above to wear a face mask whilst they are in the EKGA buildings or carpark. Gymnasts are required to keep their face mask on at all times, EXCEPT for when engaging in strenuous exercise, when the wearing of a mask may be a safety hazard.
Physical distancing / Venue Density	While attending class, gymnasts are required to stay 1.5 meters from one another at all times (this includes in the waiting areas, as well as in the gym and common areas). Dots and velcro floor markers will be provided to establish visual cues to assist with distancing. Gymnast will not participate in partner or group activities that involve touching each other or working within 1.5 meters of each other. EKGA will comply with the Chief Health Officers direction regarding venue density. EKGA's Covid safe plan we will have a maximum of one gymnast for every 8 square meters of usable space.
General cleaning	EKGA staff will sanitize gymnastics mats and equipment before and after each class. EKGA Staff will sanitize high touch surfaces several times throughout the day. Staff will regularly check to ensure hygiene supplies are regularly replenished throughout the day. Professional cleaning contractors will deep clean each venue twice a week.
Exiting	Staff Members will stagger dismissal of classes to avoid bottle necks at the exit points. Gymnasts will exit the gym via the roller doors. Gymnasts need to be collected from outside the building. Parents / carers should maintain appropriate physical distancing whilst waiting to collect their child.