

# your portable locker



When onsite training resumes at EKGA there will be some changes in place to help keep everyone safe.

One of these is that our competitive gymnasts will be responsible for providing, cleaning and maintaining several items of personal equipment, and providing their own supplies.

These items will all need to be clearly labelled and be kept in a gym bag that is brought to class every lesson. The gym bags need to be labelled and be easily identifiable by your gymnast.

## Supplies

- Hand sanitizer
- Disinfectant wipes
- Band-aids
- Strapping tape
- Tissues
- Block of gymnastics chalk (first block will be automatically supplied by EKGA and given to the gymnasts at their first training session. Families accounts will charged \$2.50). Once the first block is nearly gone, additional blocks can be purchased from reception.
- Plastic container with lid for chalk (at least 18cm x 15cm x 8cm)
- Chux cloth (or similar) for wrapping around ice packs
- Zip-lock bag for used tissues / tape / band aids
- Full water bottle
- Socks or gymnastics shoes for using on trampoline



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