phase one standards



Before class	Line up upside the facility an appropriate distance apart (or wait in car in inclement weather). Do not enter the facility until the previous class has left and cleaning has been undertaken. EKGA will invite families into the building at the appropriate time. This may be one class / group / gymnast at a time.
Temperature monitoring	EKGA staff will be administering temperature monitoring for anyone entering the building. Anyone with a temperature of 37.5 or above will not be admitted. Anyone with a temperature will not be allowed to enter EKGA.
Mandatory hand sanitising	Each student will be prompted to use hand sanitiser prior to class, as well as throughout the class. Hand sanitiser will be provided near the front door to both buildings, as well as throughout the gym.
Spectators	No spectators are permitted to remain onsite. Families should drop off / pick up. Having spectators would further reduce the number of gymnasts we are permitted to have present.
Staff work habits	Staff will be required to wash hands before and after every class. Minimal spotting will be administered during lessons. Coaches may provide gymnasts with stickers instead of stamps, high fives etc. Staff will stay at home if they are sick or share a household with anyone displaying cold or flu-like symptoms.
Wellness checks	If a gymnast (or ANYONE FROM THEIR HOUSEHOLD) has cold or flu-like symptoms, a cough, sore throat or other signs of illness they will not be allowed to attend classes / training at EKGA. They must stay away from EKGA until 72 hours after the symptoms subside.
Access to drinking water	The drinking fountain will be out of bounds. Gymnasts are required to bring a full bottle of water from home for each class. The bottle must be clearly labelled with the gymnast's name. Bottled water will be sold from the vending machine / reception.
Equipment access	There will be no use of foam pits / foam cubes. All landings will be onto mats that can easily be cleaned. Hand-held objects that cannot be sanitized easily between classes will not be used. There will be minimal use of props, hand apparatus etc. Gymnasts that use chalk will be required to provide their own chalk and chalk container. No use of shared chalk bowls.
Hand washing	Gymnasts will be required to wash hands at the end of a bars, rings or pommel rotation. Antibacterial soap will be provided.
Scheduling	Management will be responsible for scheduling classes to accommodate the student to facility ratio. This will require some classes adjusting their training times. Classes shall be time-spaced appropriately to ensure families can enter and leave the facility safely.
Facility ratio	Management will uphold the student to square-metre ratio at all times. We will allow no more than 1 gymnast per 8 square metres.
Group spacing	While attending class, gymnasts are required to stay 1.5 metres from one another at all times. Tape or velcro floor markers will be provided to establish visual cues to assist with distancing. This includes in the waiting areas, as well as in the gym, car park, and common areas. Gymnast will not participate in partner or group activities that involve touching each other or working within 1.5 metres of each other
General cleaning	Management will ensure ample cleaning supplies are available. Disinfectant is to be used on hard surfaces. Foggers and /or steam cleaning will be used on soft surfaces. EKGA staff will sanitize all contact surfaces before and after each class. EKGA Staff will sanitize all entry surfaces prior to and after each class (door handles, toilets, gates, counters etc.).
Exiting	Staff Members will stagger dismissal of classes to avoid bottle necks at the exit points. Gymnasts will exit the gym gate one at a time. Hand sanitiser will be distributed upon their departure